



**Fighting Hunger &
Strengthening
Community**



Annual Report 2016

“I want to thank you and the many other stakeholders in Wayside for your involvement with the organization.”

John S. Leeming,
Board of Directors, President

Contents

- 3 At Work For Wayside**
- 4 Volunteers**
The people who make Wayside possible
- 5 Harvesting**
Community growers contribute healthy food
- 6 Our Work**
A look at our core programs and their impact
- 8 Fighting Waste**
Building systems to fight food waste
- 9 Revenue & Food**
A look at finances and food sourcing and distribution
- 10 Partner Agencies**
The organizations working with Wayside
- 11 Food Drives**
The importance of grass-roots work collecting food
- 12 Our Donors**
The people, organizations and businesses who contributed to Wayside’s work
- 14 Community Bulding**
The Hub
- 16 Our Staff**

From the President

Once again, I am proud to take this annual opportunity to connect with volunteers, donors, staff, community partners, and, of course, clients. On behalf of the Board, I am pleased to report that Wayside had another solid year providing much needed services throughout Cumberland County.



Wayside’s mission is to provide supplemental food to people facing hunger in our community. The statistics in this Annual Report provide a great view of Wayside’s services.

Throughout the year, the Wayside staff and volunteers provide meals and food to many of our neighbors in Cumberland County. As you can see in the numbers, the extent of services is impressive.

Wayside’s growth in 2016 was focused on children and teens. Many youngsters in Maine face hunger daily, and hunger in childhood can limit growth, social development, and educational suc-

cess. In 2016, Wayside took on this challenge and significantly increased the number of children being served. By adding new, kid-focused meals and by re-invigorating our healthy snacks program, Wayside was able to serve more children and teens during 2016 than in any previous year.

To build on Wayside’s further potential, the Board has begun to develop a growth strategy for Wayside. Wayside is well positioned to look at growth opportunities in 2017 and beyond. In addition to our great volunteers, we have a marvelous staff, a terrific facility, and a solid financial footing. Moving forward, Wayside will continue to look for ways to increase our programming and services.

As Wayside continues to serve and grow, I want to thank you and the many other stakeholders in Wayside for your involvement with the organization. This annual report outlines how Wayside is working to reduce hunger in our communities, and, at the same time, we are looking for ways to further grow our capabilities. Your involvement in Wayside’s mission is always appreciated.

Sincerely,
John S. Leeming
Wayside Board of Directors, President

From the Executive Director

Welcome to our 2016 Annual Report. I am pleased to share this look at what we have accomplished with the help of our engaged supporters. This report provides an overview of our finances; the sources of our food; the distribution of that food; and (most importantly) the impact of our efforts.



The report is designed to show the breadth of our work and to illustrate the many partnerships needed to carry out our mission. We believe that tackling hunger requires a systemic

approach, which is why we have worked hard to build successful partnerships throughout our food system. These partnerships include: farmers, hunters, retail stores, corporations, educators, culinary professionals, food pantries, religious organizations, governmental outreach and much, much more.

Our partnerships for eliminating food waste (Page 8) illustrate the power of working together.

In these pages, you will see how we are combining equitable access to food with community building through our Community Meals,

education, and support for healthy meals and programs for children.

We believe that accessing healthy meals in positive community settings strengthens our towns and cities, whether it’s helping to provide safe after-school settings for children to obtain healthy snacks, or helping to create places for seniors to connect with others – while stretching their food dollars.

Organizations like the Hub, located in South Portland show the importance of combining community outreach with food security efforts. (Page 14).

Quite simply, everyone benefits when food needs are met and when people are positively interacting with each other, whether as guests at Community Meals, or as volunteers.

Finally, I am pleased to recognize the many individuals and organizations that make our work possible. You will see quotations throughout this report that capture the impact of their work, and also show what our volunteers take away from their Wayside experience.

Together we are making a difference. I look forward to building on the hard work that has been done, and I thank you for your continued support.

Sincerely,
Mary Zwolinski
Wayside Executive Director

At Work For Wayside: Rachel Freedman

Rachel Freedman, our AmeriCorps/Vista volunteer, describes her work and Wayside experience.

What was your path to AmeriCorps and Wayside?

I was born and raised in the coastal Maine town of Brooksville. My path toward wanting to create positive change always seemed clear. Both of my parents and their active involvement within my small community helped shape my passion for service learning and social justice as well as a love for this State.

I graduated from Emerson College in 2011 with a BA in social sciences. At Emerson, I integrated my education with my experiences, pairing theory with practical community organizing and social justice work. After a brief stint waiting tables in Florida, I returned to Maine, this time to Portland, and began my professional career journey.

AmeriCorps had been on my radar since college when I participated in a collegiate service program. AmeriCorps has been a great way for me to get professional experience locally and has proved to be a great steppingstone into the non-profit workforce here in Portland.

AmeriCorps is such a valuable program for this country. Just within the VISTA program, about 8,000 members are placed annually throughout the country in capacity-building positions at nonprofits, grassroots organizations and local government agencies. The program, which is aimed at eliminating poverty, is successful because it provides a dedicated work force on a level that is locally focused and within organizations that already effectively work for their communities.

What have you been working on at Wayside?

I have focused on building organizational, administrative and financial capacity. I have been wearing many hats – as does everyone else here. Some big projects I have been working on include implementing systems for a new constituent relationship management database, creating and administering a survey for volunteers and community meals guests, and managing the Commodity Supplemental Food Program, a USDA-funded food program for seniors.

What has surprised you about Wayside?

One of the amazing things about this organization, and something really exciting about joining the team, is how much gets accomplished on a daily basis – especially with such a small staff! It really is a team effort, and every new day brings a new “all hands on



deck” occasion. You just never know what kind of peculiar occurrences and challenges the day will bring. For me, this creates seemingly limitless opportunities for participation and the

flexibility to pursue passion projects that will help Wayside’s efficiency and growth goals.

What should people know about hunger in Maine?

That many folks need our services because of reasons beyond their control. So many people are one car repair bill, one unexpected health bill, one overpriced rent payment, away from finding themselves in an impossible situation. This is when folks hopefully feel comfortable enough to turn to their community for support, and that is when Wayside comes in!

What should people know about Wayside?

Everything Wayside does is a collaboration. The network of community partners and volunteer groups is essential to what makes Wayside a successful organization.

From our partners in food rescue – the small businesses, large companies, farmers and gardeners, where so much of our product is sourced; to all of the agency partners who pick up food, run the pantries and distribute the product throughout the community; to all the volunteers who cook, or deliver or serve the meals at community centers, Wayside is situated in the middle of it all as the resource and connector. But it is the rest of the community that enables us to get things done and helps us achieve our goals.

Everyone who walks through the door at Wayside is welcomed warmly and given complete respect. I’ve been introduced to so many people in a short period of time, and no matter what your role everyone is treated the same. This is one of Wayside’s goals – blending the lines between the traditional “giver” and “recipient.” We are all community members, making sure everyone is supported, appreciated and has what he or she needs. This approach is at the core of all of Wayside’s programming – as well as in the office, the kitchen and warehouse.

“Everything Wayside does is a collaboration. The network of community partners and volunteer groups is essential to what makes Wayside a successful organization.”

Rachel Freedman

Our Mission

To increase access to food for those in need in Southern Maine by providing a system for community-based volunteers who serve prepared meals where such meals are needed and by collaborating with other hunger agencies in developing an efficient network for the collection and equitable distribution of food. Wayside shall be guided in this mission by a deep compassion for our common humanity.

Our Vision

All people should have access to the food they need.

Contact Us

Wayside Food Programs
PO Box 1278
Portland, Maine 04104

Location:

135 Walton St., Portland, Maine

Phone: (207) 775-4939

www.waysidemaine.org
mzwolinski@waysidemaine.org

Wayside Food Programs is a 501(c)3 non profit organization.

“Volunteering has been one of the most fulfilling things in my life.”

Wayside Volunteer

Volunteers: At Wayside's Core

Wayside is able to do its work because of its dedicated team of volunteers. Almost 800 volunteers contributed 13,000 hours of service to Wayside Food Programs in 2016. Wayside's volunteers come from diverse backgrounds and work across all aspects of our programming. Volunteers are at the core of our programs, providing the time, energy, hard work and compassion that make our work possible.

Adding Up: Volunteer Contributions

Meals

594 total volunteers
11,175 hours of service

Totals

778 volunteers
13,079 hours of service

Mobile Food Pantries

94 volunteers
243 hours of service

Value

\$282,637: The value of the hours based upon the Bureau of Labor Statistics' multiplier of \$21.61 per hour.

Warehouse/Food Rescue

169 volunteers
1,536 hours of service

6.3 employees: The estimated value of hours worked in terms of full-time-equivalent employees.

Garden/Office

32 volunteers
125 hours of service

Thank you

Our volunteers contribute in so many ways. The one job they all had in common is contributing to their community and enabling Wayside to fight hunger. Our staff, our board and, most importantly, our community thanks them for all that they do.

To get involved

To learn about volunteering at Wayside:

Visit: www.waysidemaine.org

Email:
cmilkowski@waysidemaine.org

Call: (207) 775-4939



Finding a Home for Surplus Harvest

Wayside works in partnership with community growers to increase access to nutritious food and to help growers find homes for surplus harvest. In 2016, community growers and Hunters for the Hungry donated 27,644 lbs of locally grown produce and meat to our community through Wayside. Donations included apples, summer squash, cucumbers, tomatoes, leafy greens, herbs, meat, and much more.

Wayside receives drop-off donations and also goes to farms and picks up surplus produce. In some cases, Wayside works with the Cooperative Extension and helps to coordinate volunteers for gleaning projects.

In addition, Wayside partners with farmers selling produce at Portland's Wednesday Farmers Market. After the market closes each week, Wayside receives donations from many farmers who don't want to bring their food back to their farms. It's a mutually beneficial relationship.

Wayside thanks all of its harvest contributors.

2016 Harvest Contributors

Alewife's Farm
Artful Cranberry
Carol Karlsen
Casey Perkins
Chris Copp
Congregation Bet Ha'am
Cooperative Extension
Cultivating Communities
Cumberland County Cooperative
Extension's Tidewater Garden
Falmouth Lion's Club
Farmer's Market
Garbage to Garden
Green Spark Farm
Greg Rogers
Hannaford Farms
Hansel's Orchard
Hunters For the Hungry
Idexx Laboratories Community Garden
Joanne Woodward
Jordan's Farm
Mary Ann Larson
Maxwell's Farm
Meadow Wood Farm
Merrifield Farm
Nate Wooden
Omar Mosque
Pineland Farm



Pineroor Farm
Portland Public Schools
Pulsifer Orchard
Robert York
Rosemont Market
Smiling Hill Farm
Southpaw Farm
Tom Woodruff
Washington Ave Community Garden
Winslow Farm
Wolf Pine Farm

"I am very thankful and grateful to be provided with such a healthy meal with wonderful pleasant volunteers."

Community Meals guest

To Contribute a Harvest

For details about supporting Wayside through a harvest, contact Don Morrison at dmorrison@waysidemaine.org (207) 712-4929

“One of the true champions in fighting food insecurity – you have opened a lot of eyes and made a difference in our fight!”

Bill Shane, Town Manager of Cumberland

Our Work: Meals, Mobile Pantries, Local Sourcing

Community Meals

Program: Provides free, nutritious meals in welcoming environments through partnership with local churches, schools and community centers.

In 2016: The program hosted 13 weekly meals at 11 locations. 31,000 meals were served.



2016 Highlights

- With support from the Agnes M. Lindsay Trust and Town and Country Credit Union, we upgraded our stakeholder tracking database, allowing for more efficient and comprehensive ways to engage with the community and our volunteers and donors.
- The Front Street Mobile Food Pantry was started as a way to fill in the gap left by the closing of the longstanding Front Street Pantry, serving residents of Front Street and Washington Gardens housing complexes.
- In partnership with the Westbrook Community Center, Wayside began serving a weekly dinner for kids and their families.
- Another successful Maine Track Club partnership in the annual Turkey Trot in Cape Elizabeth earned more than \$5,000 in cash and 1900 lbs. of food.
- We provided dinner for community-wide events including the AmeriCorps MLK Day Storytelling Event, Goodwill's Restorative Justice Training, the Reiche Winter Festival and the Butler School Senior Housing Easter Dinner, as well as the annual Community Thanksgiving Dinner at the Portland Club.



Mobile Food Pantry Program:

In partnership with Portland Housing Authority, Portland Community Policing, and the South Portland West End Neighborhood Association, deliveries of groceries are made to 775 community members each month. **In 2016:** Over the course of the year, 2,100 different community members received enough groceries to make 110,000 meals.

Local Food: Works with community growers and hunters to distribute locally grown food.

In 2016: Wayside worked with area farms, backyard gardeners, the Cooperative Extension's Harvest for Hunger program, and Hunters for the Hungry to redistribute 27,644 lbs. of donated local food.



Food Rescue, Distribution, Kid Snacks

Food Rescue: Provides food, free of charge, to 43 partner agencies & programs across Cumberland County.

In 2016: Wayside distributed 772,482 lbs. of donated and salvaged food.



“The best part of volunteering at Wayside is the friendships I’ve made with staff, other volunteers and the community.”

Wayside Volunteer

2016 Additions

As our work grows, so do our needs. In 2016, Wayside hired two part time employees to help with Food Rescue pick-ups (Chris Wilkes) and Community Meal deliveries (Emily Griffin), and invested in a larger, more cost efficient van for Food Rescue.



Distributing Agency:

Acts as Cumberland County’s distributing agency of the Department of Agriculture’s Emergency Food Assistance Program (TEFAP) & Commodity Supplemental Food Program. **In 2016:** Wayside distributed 537,770 lbs. of government food.



Emily Griffin



Chris Wilkes

Kids’ Healthy Snacks:

Provides snacks to more than 15 organizations and programs that work with children and teens in after school and summer programs.



To Learn More

Visit www.waysidemaine.com for a complete list of locations and schedules for **Community Meals** and **Mobile Food Pantries**.

“I volunteer at Wayside because it’s an organization that serves one of the most important human needs – keeping people fed.”

Wayside volunteer

Food Waste

“40 percent of the food produced in the United States gets thrown out, while nearly 50 million Americans can’t reliably access enough food to meet their nutritional needs. The waste represents \$162 billion of lost money annually.”

– U.S. Rep. Chellie Pingree

How Wayside’s Partnerships Help the Environment:

Garbage to Garden composts Wayside’s kitchen scraps. To ensure curbside composting is available regardless of financial situation, Garbage to Garden offers community members reduced/free service in exchange for volunteering. Wayside hosts volunteers.

Local pig farmers take inedible food for pigs & donate pork.

Wayside works with Agri-Cycle to process inedible food that is highly packaged. The food is processed through a de-packaging machine and turned into biogas.

Efficiency Maine & EcoMaine have given Wayside awards for the environmental impact of our partnerships.

Partnering to Cut Food Waste

Reducing food waste makes sense on many levels: more food is being made available to people who need help accessing the food they need; landfill use is being reduced, benefiting the environment and saving municipalities money; and businesses can be rewarded with tax incentives for donating food that would otherwise be wasted.

To achieve these benefits, Wayside is working with a wide range of partners and is seeing results. Wayside’s Food Rescue Program increased the amount of food that was donated instead of being wasted by 40% in 2016, compared to 2015.

Maine’s own U.S. Rep. Chellie Pingree is playing a key role in fighting food waste. Rep. Pingree is a champion of Congressional bills designed to encourage business support for cutting waste. This would be accomplished, in part, through tax incentives and modernization of donation liability laws.

The stakes are high. According to the EPA (2010), food waste cost \$1.3 billion to landfill and accounted for the largest percentage (21%) of municipal waste categorized. In a sampling of 17 municipal waste programs, the 2011 Maine Residential Waste Characterization Study published by the University Of Maine School Of Economics found that food waste made up almost 30% of residential waste.

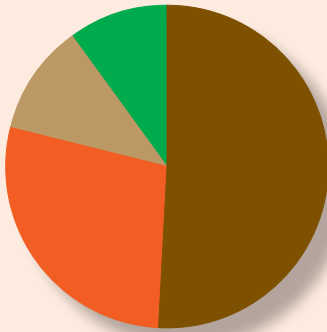
Partners in Cutting Waste:

A & R Provisions
A.L. Griffin
ABF Freight
Advance Pierre
Alantic Transport Systems
Americold
Artful Cranberry
Big Sky Bread Company
Borealis Breads
Browne Trading Company
Camp Micah
Camp Timanous
Casco Bay Butter
Chipotle
Cross Insurance Arena
Curran’s Co
Dandelion Catering
Don Bennet Trucking
Elite Trucking
Express Freight Logistics
Falcon Transport
FastWay Transport
Five Guys
Fresh Express
Girls on The Run
Hannaford Supermarket & Quality Assurance
Harvest on the Harbour
Hood
Izzy’s Cheesecake
KB Transportation
Key Impact
Lola’s Fresh Mexican
Maine Lobster Direct

Maine Marathon
Maine Medical Center
MDC Trucking
Mercy Hospital
Noosa
North Deering Congregational
North Yarmouth Fire Dept
Oakhurst Dairy
Olive Garden
Palermo Villa, Inc.
Portland Arts & Technology High School
Portland Marriott at Sable Oaks
Portland Public Schools
Prime Trucking
Rococo Artisan Ice Cream
Rosemont Market
Santa Hustle Race
Shaeffer Trucking
Shaw’s
Smithfield Foods
Southern Maine Community College
St. Joe’s Cafe
Sure Winner Foods
Sysco
Target
Farmer’s Table
Tortilleria Pachanga
Trader Joe’s
Tyson Foods
University of Southern Maine
USDA Labs
Whole Foods Market

2016 Finances

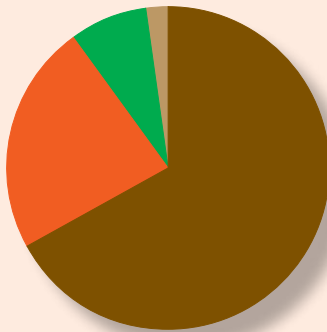
Income: \$564,944 ¹



- 51% Contributions
\$285,638
- 28% Grants
\$160,722
- 10% Government support
\$54,571

- 11% Earned income
\$64,014
- <1% IRS rebate
\$1,312

Expenses: \$562,198

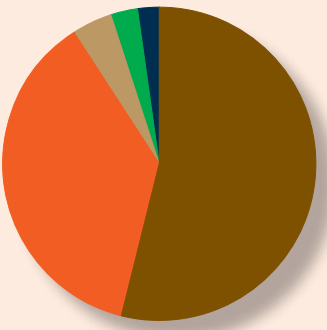


- 67% Compensation/Benefits
\$378,938 ²
- 23% Programs
\$129,225

- 8% Operations
\$42,927 ³
- 2% Fundraising/Communications
\$11,109

Food Sourcing and Distribution

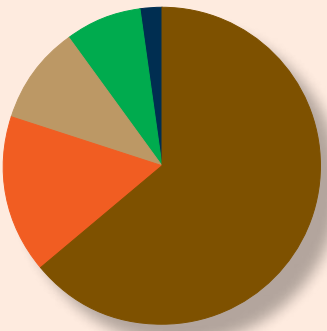
Total food received: 1,438,362 lbs.



- 54% Salvaged food ⁴
772,482 lbs.
- 37% Government food programs
537,770 lbs.
- 4% Purchased food
55,368 lbs.

- 3% Food drives
45,098 lbs.
- 2% Local produce and meat
27,644 lbs.

Total food distributed: 1,381,405 lbs.



- 64% Food pantries
882,058 lbs.
- 16% Meal programs & soup kitchens
216,967 lbs.
- 10% Mobile Food Pantries & Community Meals
133,521 lbs.

- 8% Commodity Supplemental Food Program for Seniors
110,975 lbs.
- 2% Unusable food to local farms for animal feed
34,368 lbs.
- <1% Kids Healthy Snacks Program
3,516 lbs.

Notes:

¹: The \$2,764 positive differential between income and expenses was allocated to a board-managed operating expense fund.

²: Includes payroll, benefits, FICA, etc.

³: Rent, fuel, insurance, utilities, vehicle maintenance, etc.

⁴: Wayside works with a wide range of local businesses and organizations to "salvage" and "rescue" food that might otherwise be wasted.

“Tout est magnifique et merci infiniment.” (Everything is beautiful and thank you infinitely.)”

Community Meals guest

Wayside's Community Partners

All Wayside's work is rooted in partnerships, taking multifaceted approaches to increase the consistent accessibility of nutritious foods. In 2016, more than 90 organizations partnered with Wayside. We thank the following organizations for partnering with Wayside to fight hunger and strengthen our community:

Challenges

The latest statistics from the United States Department of Agriculture illustrate the depth of Maine's hunger problem:

- 15.1 percent of Maine households are food insecure, which means about 200,000 people have limited or uncertain access to adequate food.
- Nearly one in every four Maine children are food insecure.
- Maine is first in New England for child and senior food insecurity.

Acadia Insurance
Altrusa Foundation
Amistad, Inc.
Baker Newman Noyes
Beast Feast Maine
Boys & Girls Clubs of Southern Maine:
Riverton Park Clubhouse
Boys & Girls Clubs of Southern Maine:
Sagamore Village Clubhouse
Bridgton Food Pantry
Camp Cedar
Casco Alliance Church Food Pantry
Casco Bay Church of Christ
Casco Village Church Food Pantry
Catherine's Cupboard
Cheverus High School
Christ the Redeemer Church
City of Portland
Community Food Pantry in Cumberland
Congregation Bet Ha'am
Creative Trails
CrossWalk Community Outreach
Cultivating Community
Cumberland Community Food Pantry
Cumberland County Food Security Council
Cumberland County Government
Dead River Company
Deering Center Community Church
Division for the Blind & Visually Impaired
East Baldwin Food Pantry
East End Community School
Falmouth Food Pantry
First Baptist Church Food Pantry
First Congregational Church of South Portland
Franklin Towers
Freeport Community Services
Friendship House
Front Street Food Pantry
Garbage to Garden
Grace Baptist Church
Grace House For Women
Gray Community Food Pantry
Harbor Terrace
Harrison Food Pantry
Hope Acts
HopeGateWay
IDEXX Laboratories
Jewish Family Services
Judy's Pantry
LearningWorks
Locker Project
Maine Medical Cancer Institute
MECA Café/Sodexo
Mid Coast Hunger Prevention
Milestone Foundation Inc.
New England Life Care
Nichols & Treem Real Estate Group
North Pownal Food Pantry
Our Lady of Hope Parish
Parkside Neighborhood Center (Opportunity Alliance)
Plymouth House Sober Living-The Walton House
Portland Community Policing Centers
Portland Housing Authority
Portland Recreation Department
Preble Street Resource Center
Project Feed
Project For Supported Living
Raymond Food Pantry
Red Bank Bread Bank
Reiche Community School
Riverton Park
Root Cellar
Sacred Heart Food Pantry
Sagamore Village
Salvation Army Food Pantry
Salvation Army of Greater Portland
Scarborough Food Pantry
Sebago Warming Hut
SNAP Ed
South Portland Food Cupboard
South Portland/West End Neighborhood
Southern Maine Agency on Aging (SMAA)
St. Luke's Food Pantry
St. Peter's Episcopal Church
St. Vincent de Paul Soup Kitchen
TD Bank
Trinity Lutheran Church
United Way of Greater Portland
University of Maine Cooperative Extension
Unum
Vineyard Food Pantry
Waynflete School
Westbrook Community Center
Westbrook Food Pantry
Westbrook LEARNS
White Memorial Food Pantry
Williston-Immanuel United Church
Windham Food Pantry
Woodfords Congregational Church, U.C.C.
Work Opportunities Unlimited
Yarmouth Food Pantry
Young Nonprofit Professionals Network

Food Drives: Hands-on help

In 2016, 45,098 lbs. of food was donated to Wayside through food drives. These drives were conducted by a wide range of supporters: schools, faith-based organizations, individuals, and businesses. The drives are an important source of the food we distribute to partner agencies and use in our Mobile Food Pantries. We thank the following people and groups for their food drive efforts in 2016:

AAA Northern New England
Allstate Insurance
Altrusa Club of Portland Maine
Aramark at Unum
Bangor Savings Bank
BioLab
Birchwoods at Canco
Bob Slaktowicz
Cheverus High School
Community Partners, Inc.
Craig Pacheco
Dan Gilligan
Dana Burleigh
Dollar Tree
Euclid Avenue Neighborhood
Gorrill Palmer
Holy Trinity Greek Orthodox Church
Hannaford
Hannaford Corporate
Idexx Laboratories
Irwin Tools
Jacob Heal
Keith Lewis
Kepware
Liberty Mutual Insurance
Lisa Gleeson
Maine College of Art Cafeteria

Maine Eye Center
Maine Nephrology
Maria MacDougal
Marriott Sable Oaks
Martin's Point Health Care
Maine College of Art
Mike Ellis
Mortgage Network, Inc.
Nicki Griffin
Portland Arts and Technology High School
Portland Stage Company
Renee St. Hilaire & Adam Montgomery
Riverton Elementary School
Robert M. Verrill
Shaw's
Shelia & Michele
Southern Maine Community College
Society of Marketing Professionals
St. Peter's Episcopal Church
Trinity Lutheran Church
Maine Track Club Turkey Trot
University of New England
United Way of Greater Portland
Unum
Waynflete School
Whole Foods Market
Yarmouth Food Pantry

"I love volunteering at wayside. It's a great organization and you know immediately the great deal of good you are doing."

Wayside Volunteer

To Start a Food Drive

Contact Don Morrison at dmorrison@waysidemaine.org (207) 712-4929.



“I feel Wayside Food Programs are a necessary effort for the community. (Community Meals) are a positive and resourceful program where folks learn to share with one another.”
Community Meals guest

2016 Donors

The generous support from the following people, organizations and businesses makes our work possible. We thank them for their continued support. We have tried to acknowledge all support received in 2016. If there are any omissions or errors, please let us know by calling (207) 775-4939.

Abt, Susan
Adams, Eben & Susan
Adams, Patricia
Adams, Susanna
Adler, Susan
Agnes M. Lindsay Trust
Alden, Kenneth & Cynthia
Alden, Theresa
Allagash Brewing Company
Allan, Walter & Ann
Allen, Jonathan & Joanne
Allen, Stephen & Deborah
Allen, Susan
Allstate Foundation
American Housing Preservation Corporation
Amica Companies Foundation
Anania, Raymond & Madeline
Anderson, Robert, Jr.
Andrews, Allison
Androscoggin Bank's MainStreet Foundation
Applebaum, Brett & Dorothy Gutierrez
Apthorp, Helen
Armstrong, Elaine
Asali, Louis
Austin, Brett & Erin
Austin, Nancy
Ayers, Mark & Cynthia
Ayotte, Robert & Linda
Bagdon, Melissa & Jeffrey
Bagin, Douglas & Nancy
Bailey, Edna
Barker, William & Susan
Barnard, Danuta
Barr, Kathleen
Barrett, Mary
Barry, William & Debra
Baumann, Michael & Laura
Beane Family Fund
Beast Feast Maine
Belunis, Thomas
Bennett, Christine & Bruce Dalbeck
Bennett, Ronald & Constance
Benoit, Timothy & Susan

Bergson, David & Terry
Berman, Richard & Theresa
Bernard, John & Artis
Berry, Chris
Berry, George
Beyer, Carl & Rachel
Bifulco, Leo
Bisceglia, Timothy
BJ's Charitable Foundation
Blais, Mark
Bloom, Catherine
Bloom, Nicolaus & Katharine
Boardman, Stephen & Tracy
Bob's Clam Hut
Boothby, Brenda
Bordowitz, Elizabeth
Bottomline Technologies
Bouchard, George
Bourque, James & Anna
Bowes, Alan & Rebecca
Bowie, James & Sarah
Boynnton, Richard
Brackett, Nathan & Helen
Brennan, Leonard & Susan
Briard, Arlene
Bridgman, Gerri & Peter
Broaddus, Samuel & Sandra Jensen
Brockelbank, Suzanne
Brooks, John & Judith
Brown, Margaret
Brown, Robert & Elisabeth
Browne, Juliet
Brownell, Warren & Leona
Bryan, Robert
Bryer, Liberty
Buchanan, Paul & Mary
Buck, Jacquelyn
Burger, Rachel
Burke Mason, Rosemary
Burleigh, Dana
Burnell, David P.
Burnette, MJ
Burns, Diane
Butzel, Jessica, David, Chloe & Drew
Café @ MECA

Caldwell, Nancy
Campbell, Laura & Michael Augustyn
Campbell, Lori
Capasso, John & Barbara
Capelluti, Joseph & Vanessa
Carman, John & Ann
Carnicella, Beth
Caron, Maurice & Claire
Carpenter, Peter
Carroll, Daniel & Madeline
Casco Alliance Church
Casco Bay Culinary Assoc
Casco Village Church
Cassidy, Donna
Catsos, Patricia & Paul
Chadbourne, Peter & Amity
Chadbourne, Thomas
Chadderton, Brian & Ann
Chaisson, Joyce
Chandler, Anita
Chandler, John
Chaney, Mary & Nancy McKisson
Chapman, Ann
Chern, Lawrence & Nanette
Cheverus High School
Chittim, Katherine
Church World Service
Church, Lauren Ellen
Cilley, Dean & Susan
Cinelli, Peter & Gail
City of Portland
Clark Insurance
Clark, Dorothy
Clark, Genevieve
Cleghorn, Pamela
Cobb, Mary
Coggins, Laurine
Cole, Geraldine
Cole, Kathy
Compton, Sarah & Matt Scafer
Constant, Sandra
Cook, Edward & Doris
Coolidge, Jane
Copley, Ernest & HelenMarie
Copp Family

To Donate

Please mail donations to Wayside Food Programs, P.O. Box 1278, Portland, Maine, 04104 or contribute via PayPal or credit card at www.waysidemaine.org.

Participating agency



Support



Corner Stone Chapter OES
#193

Costa, Luki
County of Cumberland
Craig, Albert & Judith
Cremo, Lillian
Crosswalk Community Outreach
Crowley, Thomas
Culver, Stephen & Holly
Cumberland Food Pantry
Cumberland, Town of
Curran, Albert & Carol
Curran, Robert & Jana
Curran, Stephen & Grace
Curry, Peter & Anne
Cutts, Ernest & Mona
Cyr, Stephen
Dalton, Anne
Davis, Betsy
Davis, Robert
Dean, Gary & Teresa
DeCoste, Barbara
Deering Chapter 59 OES
Delahanty, John & Brenda
Dell'Aquila, Kelly
Derhagopian, Zareh
Deschambeault, Ted & Alice
Devlin, John & Diane
Dinsmore, Joan
Dinsmore, Roger & Gloria
Discover Your Well Being LLC
Diversified Communications
Donahue, Eleanor
Donnini, William & Roberta
Doree Taylor Charitable
Foundation
Douglas, Donnelly & Abby
Douty, Bayard & Dore
Downey, Mary Lou
Dransfield, Douglas & Gail
Dressel, Douglas & Ina
Dunham, Morris & Mary Anne
Dunn, Dwayne
East Baldwin pantry (First
Congregational Church)
Ebrahim, Kurt & Maria
Edmondson, Stephen &
Margaret, Randall
Elkin, Ruth
Elkins, James & Kathryn
Elliott, Cynthia
Elliott, Richard
Ellis, Michael
Ellsworth, Barbara
Elmina B Sewall Foundation
Epstein, Michael & Jill
Erickson, John & Jeryl
Ertz, David & Carol
Eunice Frye Home Foundation
Evans, Dennis & Nancy
Ewing, Suzanne
Ezzio, James
Falender, Elaine
Falmouth Food Pantry
Farr, Donald & Marcia
Farrand, Bonnie
Fasulo, Brian & Lori



Faulkner, Katherine & Matthew
Female Samaritan Association
Field, Patricia
Fincke, Anna & Bryan
Fink, Jeremy & Kirsten Cyr
First Baptist Church Westbrook
First Congregational Church of
Gray
First Lutheran Church
Fisher & Chard Insurance, Inc.
Fisher, Helen
Flatbread Co.
Flatbread Company
Floyd, Lonnie & Mary
Ford, David & Kathleen
Forsyth, Julie
Fortin, Marc & Sarah
Foye, Warren & Katherine
Frances Hollis Brain Foundation
Frappier, Sheila
Frederick, Jennifer
Freeport Community Services
Friedman, Doug & Karen
Friendship House
Fulham, Lizzy
Fullerton, Rena
Gallant, Alfred Jr.
Gallant, C. Edwin & Gloria
Garber, Edward & Leslie
Gardiner, Bertha
Garmey, Terry & Mandy
Gaspar, Kenneth
Gaudreau, Lawrence & Paulette
Gauvin, Raymond
Gauvin, Ronald & Katherine
Gayer, Gordon & Elaine
Falender
GE Foundation
Gelinas, Sylvia

Geller, Jay
Gibson, Frances
Gibson, Marshall & Ruth-Anne
Gille, Janet-Ann
Gilman, Susan & Tom
Gilpatrick, Jean
Gleeson, Lisa
Goddard, Nancy
Goldberg, Eleanor
Goldman, Constance
Golec, Charles & Anne
Good Table Restaurant
Goodspeed, Gregory & Nancy
Goodspeed, William & Jennifer
Goodwin, B.T. & Barbara
Gorham, John & Janene
Grant, David
Gray Community Food Pantry
Gray, Stephen & Elizabeth
Greenwood, Peter & Tracy
Gregory, H. William & Nancy
Griffin, Louise
Grover, Alana
Grover, Mark
Gruber, Margery & Tom
Gulliver, John & Jean
Gustavson, Robert & Cynthia
Hagge, Cyrus
Hagstrom, Gunnar & Anne
Hall, Ronald & Susan
Hallowell, Milton & Marguerite
Hamblin, Edward & Rebecca
Hamilton, Bruce
Hamilton, Shawn
Hannan, Philip & Laurel Aubrey
Hansen, Bente
Hardie, Louise
Hardy, Benjamin & Gretchen
Harmon Foundation

Hartwell, John & Karen
Rohrbacher
Haskell, Owen
Hastings, Beverly
Hatch, David & Nancy
Hawkes, Ronald & Katherine
Haynes, Carl & Pamela
Heal, Jacob
Heart at Work Associates
Helen and George Ladd
Charitable Corporation
Henderson, Laura & Bob
Hickey, Gertrude
Hillman, Thomas
Hoch, David & Yvette Khoury
Hoisser, Molly
Holy Trinity Greek Orthodox
Church
Hopkins, Bruce & Marion
Howard, John & Linda
Hunt, H. Draper & Elaine
Huntley, Vance
Inhorn, Roger
Intermed, P.A.
Jackson, Shelia
Jacobs, Linda
Jacques, James & Erin
Jakab, Mary Jo
Jebediah Foundation
Jensen, Louise
Jewett, Kenneth & Kathleen
Jewish Community Food Pantry
Jones, Christian & Joan
Joyce, M. Patrick & Janet
Judd, Rebecca
Judy's Pantry
Juers, David
Junkins, Paula
Karl, William & Michelle
Gregoire
Karsen, Carol
Katz, Mora
Keeley, Corinne & John
Keiser, C. Edward
Kellett, Bud & Wendy
Kelly, Ronald & Louise
Kelso, Ray & Carrie
Kennedy, John
Kessler, Carol
Kilbride, Nancy
King, Erin
Kingsbury, Brigitte
Kipp, John & Phyllis Hewitt
Knight, Marsha
Knoll, Scott & Melissa
Knox, James
Kruppa, Muriel
LaBrecque, Scott & Clare
Lachman, Denis & Kiya Smith
LaFond, Michelle & Peter
Lamer, Russell & Donna
Lander, Alice
Lanoue, Betty
Larsen, Andrea
Larsen, David
Lathrop, Sarah
Laverriere, Larry & Deborah

Fighting Hunger & Building Community: The Hub



We spoke to Merrie Allen, who runs the Hub, located in the West End neighborhood of South Portland, about the intersection of fighting hunger and building community. The Hub, a Wayside partner, is a valuable resource for its neighbors. Located in a trailer decorated with colorful murals and children's art, the Hub is a welcoming place for neighbors to connect with each other and to tackle barriers.

What does the Hub do?

The Hub (funded by Opportunity Alliance and community partners) is a welcoming physical space located in the center of the West End neighborhood of South Portland. It is a space where neighbors make connections with various resources, find a space to problem solve or think out loud, and connect with other neighbors from ages 0 to 100!

Why is the Hub's work important?

The Hub reminds you that you are not alone. Neighbors get access to information and resources that can strengthen their lives positively. Job searches, resume writing, housing searches, access to adult education, recreation, food, clothing, and transportation are some of the things that are often accomplished at the Hub.

How do community building and food security intersect?

The first thought is that the body, mind and soul need both food and other humans to be truly nourished. The fuller the belly and mind, the fuller the heart and soul. Both efforts fight the constant struggle to make ends meet. The more we persist in our efforts, the greater the possibility that people can participate more fully in community.

What is the Hub's relationship with Wayside?

We receive a weekly donation of bread as well as a monthly Wayside Mobile Food Pantry. Neighbors repeatedly let us know that Wayside helps make ends meet and that the Mobile Food Pantry is bountiful, nutritious, and appealing. Wayside's staff and volunteers show tremendous respect for dignity for all of our neighbors. Wayside is a phenomenal resource and inspiration. Together, we share a compassion for those who are hungry and a fierce determination to positively challenge the impact of poverty on all of us – as Mainers. We are so very glad for our collaboration.

What is the most surprising thing you have learned in your work at the Hub?

That it takes pure genius, creativity, and resiliency to live well with little or no financial resources, and that many, many people do.

What is the one thing you most want people to know about hunger in Maine?

To know that it is possible that together we can and must stop hunger for the sake of our world, our families, our children, and our future.

Leeman, Cheryl
Leeming, Haven and Reno
Leeming, John & Pamela Trudo
Lefebvre, Alpee & Judith
Lefebvre, Patricia
Leland, Dawn
Lemieux, Robert & Elizabeth
Lemire, Ann Marie
Leonard, Jean
Leonardo's Pizza
Leskanic, Sharon
Lesniak, John & Patricia
Levinsky, Andrea
Lewis, Keith
Liberty Mutual Foundation
Lila East End Yoga
Lilley, Mark & Rebecca
Limington Orthodox
Presbyterian Church
Lindsay, Peter & Katie Murphy
Lions Club of Cape Elizabeth
Lipton, Gregg & Sara Crisp
Litcher, Andrew & Sandra
Little Family Trust
Lloyd, Kenneth & Martha
Lockwood, Bruce

Lombardo, Amy & Jeremy
Look, Mark & Amy
Lorello, Joseph & Cheryl
Farrington
Loring, John & Donna
Louden, Robert & Tama
Loudon, Jean
Loughran, ManChing
Lovejoy, Russell & Linda
Lualdi, John & Katharine
Lucas, Philip
Lucci, Alfred
Luce, Michael & Christine
Lyons, John & Janet
MacArthur, KC & Susanne
MacDougal, Maria
Mack, Susan B.
Maescher, Mary
Maine Survey Associates
Maine Track Club
Mancall, Andrew & Denise
Mandeville, Lalania
Mangiavas, A. Louise
Manoff, Paul
Marchand, Nathan
Marcotte, Roland

Marcoux, Arthur & Debra
Margaret E Burnham Charitable
Trust
Martin, Beverly & Cathy Barton
Matheson-Thomas, May
Matt, Jonathan & Ruth
Mawhinney, Nancy
McCall, John & Andrea
McCarthy, Kevin
McDonough, Ellen
McGettigan, John & Justina
McGillcuddy, Elaine
McGinn, Cornelius & Suzanne
McGuire, Robert & Muriel
McLaughlin, Robert & Carol
McNerney, Kathleen
Mellette, Tom
Merchant, Pamela & Kirby Sack
Mervis, Cynthia
Messer, Teresa
Meyers, George II
Michaud, Douglas
Mid Coast Hunger Prevention
Program
Milan, James & Mary Jane
Miles, Franklin & Nancy

Miley Foundation
Miller, Charles & Elinor
Millett, Rebecca
Minden, Edward & Frances
Minvielle, Peter
Mirkin, Peter & Cathy Falwell
Mitchell, Clarence & Eleanor
Moll, Judith
Moore, Andrea
Moore, Jeanette
Moran, Kenneth & Kathryn
Morgan, Meredith & Susan
Thomas
Morgan, Michelle
Morgenbesser, Hugh & Amy
Colton
Mortimer, Robert & Christina
Mottla, Leroy & Mary
Murray Family Foundation
Murray, Donald & Mabelle
Murton, Pamela
Nadeau Land Surveys
Nadeau, Hector & Kathy
Nadeau, James
Nappi, Michelle
Nappi, Rose

Nash, Nathaniel
 Newell, Christopher & Christine
 Newell, Richard & Claudia
 Newman, Thomas & Renee
 Nicholas, Judith
 Nickerson, Adelbert & Diane
 Nickerson, Arnold & Lois
 Nonesuch Books & Cards
 Nonni, Robert & Elizabeth
 North Deering Congregational Church
 North Pownal Food Pantry
 Nugent, William & Rita
 Oatley, Elizabeth
 Oberg, Kerry & Gwenne
 O'Brien, Diane
 O'Donnell, Thomas & Judith
 Oldham, Sally & Ted
 O'Leary, Barbara
 Olney, Robert
 Olson, Tonda
 Opperman, John & Julianne
 Ortolani, Constance
 Osgood, Alonzo
 Our Lady of Hope Parish
 Owen Haskell, Inc.
 Pacheco, Craig
 Palmer, Christine
 Palmer, John & Denise
 Pantim Wood Products
 Paris, Frances
 Patil, Abhijit
 Patin, Dr. Donald
 Patten, Ronald & Shirley
 Paul, Mary
 Pears, Ralph
 Peck, Elizabeth
 Pedlikin, Howard & Cynthia
 Pelsue, Stephen & Star
 Pennell, Christopher
 Peoples United Methodist Church
 Perkins, Kenneth & Kathryn
 Perley, Delene & James
 Perry, Glenn & Mary Jane
 Picuch, Alan & Jane
 Pierce, Patricia
 Pike, Marie
 Pirone, Lucille
 Pizzo, James & Mary
 Plendl, Horst & Christine
 Poley, Keith & Marisa
 Pomerleau, Mark & Sherryl
 Pooler, Jeffrey
 Portland Arts & Technology High School Food Service Class
 Portland Power Yoga
 Portland Provident Association
 Portland/St Alban Commandery
 Potter, Charles & Carolyn
 Pratt, David & Elisabeth
 Preble Street
 Pride, Cathy
 Prinn, Charles & Frances
 Project Feed
 Prue, Devon
 Purdy, Eileen
 Putney, Ruth
 Quaid, Diane
 Quaid, Donald & Sherrie Bergman
 Quinn, Edna
 Rastl, John & Judith
 Raymond Food Pantry
 Reben, Howard & Susan Hirsch
 Redmond, Janice
 Reed, Susan
 Reed, Susan & Sage
 Regan, Sally
 Register, Cathy
 Renaud, Michael & Rita
 Rennie, Elizabeth & Howard
 Reppenhagen, Marlies
 Resnisky, Edward
 Reynolds, John Doug
 Rice, Viola
 Richards, William
 Ridley, Cole & Sharon
 Rieger, Lawrence
 Rielly, Edward & Jeanne
 Riverton School and Community Center
 RJC Group
 Roak, Catherine
 Robbins, Francis
 Robert G. and Jane V. Engel Foundation
 Robichaud, Mary-Jane
 Robinson, Edward & Jacquelyn
 Robinson, John
 Rollins, Michele & Timothy
 Roma, Wayne & Jean
 Romano, John
 Root Cellar
 Rubin, Peter & Donna
 Runyon, Alexander & Elaine
 Russell, Robert & Linda
 Russo, Ricky
 Ryder, Lorine
 Ryder, Wayne & Janice
 Sabasteanski, Matthew & Kristina
 Salvation Army
 Salvatore, Lindsay & Kristen Ellensohn
 Sam L. Cohen Foundation
 Sanborn, Patricia
 Sarkozy, Sarah
 Scarborough Food Pantry
 Scarborough Free Baptist Church
 Schaper, MaryEllen
 Schilling, Karen
 Schirmer, William & Julie
 Scott, Norman & Ann
 Scribner, Dana & Kirsten
 Sebago Warming Hut
 Semple, Herbert & Carol
 Semrau, Lita
 Shain, Melinda
 Shapazian, Patricia
 Shapiro, Stephen & Peggy
 Sherman, David & Beverly
 Sherman, David, Jr. & Martha Burchenal
 Shinn, Amy
 Sholl, Noreen & Robert
 Simmons Foundation
 Sirois, Steven & Michelle
 Sisters of Mercy
 Skinner, Benjamin & Amber
 Skinner, Linda
 Slavick, William & Ursula
 Smith, Gordon
 Smith, Russell & Florence
 Smith, Thomas & Constance
 Somerville, Kate
 South Portland Food Cupboard
 Souza, Andrew
 St. Ann's Episcopal Church
 St. Bartholomew Parish
 St. Hilaire, Renee & Adam Montgomery
 St. John and Holy Cross Parish
 St. Luke's Food Pantry
 St. Maximilian Kolbe Parish
 St. Onge, Paul
 St. Vincent de Paul
 Staffaroni, James & Joan
 Stanley Kopack Trust
 Steppacher, Brian
 Stevens, Terri & Christopher
 Stewart, Foster & Mary
 Stewart, Laurie & Foster
 Stewart, Robert & Joanne
 Stockman, Nan & Charles
 Stokes, Jim
 Stone, Melvin
 Stover, Christina
 Stover, Elizabeth
 Stover, Gloria
 Strandberg, Chuck & Karen
 Streeter, Sabin & Beverley
 Stuart, Kenneth & Estella
 Sullivan, Charles & Cherie
 Sullivan, Peter & Judith
 Sundermann, Mak
 Suslovic, Edward & Jennifer Southard
 Sutter, Dale & Florence
 Swan, Jack & Patricia Barry
 Swanson, John & Mary Jane
 Swennes, Patricia
 Tabery, Kiyu & Rebecca Fernald
 Tabell, Evelyn
 Thibeault, Paul & Elizabeth
 Thomson, Sarah
 Thornton, James & Lorrie Gage
 Thumm, Margaret & Mark Jordan
 Thurlow, Ronald & Patricia
 Tiernan, Carroll
 Tietje, Suzanne
 Tiwari, Sarita
 Tom Trytek & Sons
 Tonelli, Sonia & Quentin
 Town & Country Federal Credit Union
 Triangle Lodge No. 1
 Trinity Lutheran Church
 Troster, Sara Kahn
 Trouvalis, C.G. & Anna
 Trudo, Richard
 Trufant, Lynne
 Tuggey, Caryl
 Tyrrell, James & Laura
 Ubans, Juris & Mara
 Unity Lodge #3
 University of New England Kappa PSI
 Unum
 Vadeboncoeur, Michelle
 Vandermast, Joanne
 Varipatis, Demosthenes & Angela
 VentiCordi Chamber Music
 Vermont Mutual Insurance Group Giving Fund
 Verrill Foundation
 Verrill, Robert
 Veterans of Foreign Wars Royal River Post 10529
 Viljanen, Jacqueline
 Vineyard Church of Greater Portland
 Waecker, Thomas & M. Ann
 Walker, Michael & Catherine
 Wallace, Brian & Mary Anne
 Wal-Mart Foundation
 Ware, Roland & Norma
 Warner, Hans & Susan
 Warren, Gary & Joanne
 Wasserman, Jim & Tricia
 Watson, Katharine
 Webster, Priscilla
 Weed, Peter
 Wellehan, Jane
 Wescustogo Foundation
 West, Robert & Jean
 West, Sharman
 Westbrook Food Pantry
 White Memorial Seventh-day Adventist Church
 Whitney, Doreen
 Whitney, Sarah
 Willett, Jennifer
 William J.J. Gordon Family Foundation
 Williston-Immanuel United Church
 Windham Assembly of God
 Winship, Gary & Elizabeth
 Wohl, Rose
 Woodbury, Richard & Deborah
 Woodfords Congregational Church
 Woods, Paul & Chris
 Worth, Craig
 Wriggins, Jennifer & Mary Bonauto
 Yarmouth Community Food Pantry
 York, Jay
 Zelten, Donald & Joan
 Zimmerman, Barry & Janet
 Zuckerman, Barry & Roberta
 Zukaitis, Rosemary
 Zwolinski, Mary & Paul Lewandowski



The Wayside Staff: Front row, from left – Chris Wilkes, Laura Hamilton, Don Morrison, Mary Zwolinski. Back row, from left – Nick DeSouza, Julie Harrison, Judy Anaman, Carly Milkowski, Rachel Freedman. Missing: Emily Griffin.

Our Staff

Mary Zwolinski, Executive Director
mzwolinski@waysidemaine.org

Judy Anaman, Administrative Assistant
janaman@waysidemaine.org

Nick DeSouza, Warehouse Manager
ndesouza@waysidemaine.org

Rachel Freedman, AmeriCorps
rfreedman@waysidemaine.org

Emily Griffin, Community
Meals Assistant
egriffin@waysidemaine.org

Laura Hamilton, Development Assistant
& Metrics Coordinator
lhamilton@waysidemaine.org

Julie Harrison, Community
Meals Manager
jharrison@waysidemaine.org

Carly Milkowski, Resource Coordinator
cmilkowski@waysidemaine.org

Don Morrison, Operations Manager
dmorrison@waysidemaine.org

Chris Wilkes, Warehouse Assistant
cwilkes@waysidemaine.org

To Stay Connected: Email: mzwolinski@waysidemaine.org **Call:** (207) 775-4939

Follow Us on Social Media: Visit www.waysidemaine.org for links

