



WAYSIDE
FOOD PROGRAMS

**FIGHTING HUNGER &
STRENGTHENING
COMMUNITY**

ANNUAL REPORT 2015

“I want to thank you and the many other stakeholders in Wayside for your involvement with the organization.”

John S. Leeming,
Board of Directors, President

Contents

- 3 Wayside Impact**
Mariam's story
- 4 Volunteers**
The people who make Wayside possible
- 5 Harvest Work**
Community growers contribute healthy food
- 6 Our Volunteers**
Measuring the enormous contribution of our volunteers
- 8 Revenue & Expenses**
A look at 2015 finances
- 9 Food Sourcing & Distribution**
Where Wayside's food comes from and where it goes
- 10 Partner Agencies**
The organizations working with Wayside
- 11 Food Drives**
The importance of grass-roots work collecting food
- 12 Our Donors**
The people, organizations and businesses who contributed to Wayside's work
- 14 Wayside Impact**
Justin's story
- 16 Our Staff**

From the President

I am happy to take this annual opportunity to connect with Wayside's key stakeholders – our volunteers, our donors, our staff, our community partners, and, of course, our clients. On behalf of the Board, I am pleased to report



that Wayside is in very good shape, and we are ready to take on additional challenges in the future.

Wayside continues to work hard to provide supplemental food to people facing hunger. During 2015, as outlined in this Annual Report, Wayside's

staff and volunteers provided meals and food to many people in Cumberland County who are dealing with hunger as a part of their everyday lives. As you can see by the numbers, there is a significant need for hunger relief close to home.

Wayside is in a very good position to take on this need in 2016 and beyond. In addition to our great volunteers, we have a marvelous staff, a terrific facility, and a solid financial footing. As we

move forward, one of Wayside's challenges is to decide where to focus our efforts in the coming years.

After lengthy discussions, the Board has decided that Wayside should specifically look for more opportunities to provide services to children and teens. A significant number of youngsters in Maine face hunger on a daily basis, and hunger in childhood can limit growth, social development, and educational success. This area is obviously a key opportunity for Wayside to use its resources to make a big difference, and, in 2016, the Wayside team will be seeking out new ways to expand our services to children and teens.

As we move forward in our endeavors, I want to thank you and the many other stakeholders in Wayside for your involvement with the organization. We hope that this annual report helps you better understand how Wayside is working to reduce hunger in our communities and how we are working hard to look for ways to further grow our capabilities. Your involvement in our future growth will be greatly appreciated.

Sincerely,
John S. Leeming
Wayside Board of Directors, President

From the Executive Director

Welcome to our 2015 Annual Report. On the following pages you will learn about the work we have done and the tremendous contributions our volunteers and supporters continue to make.

As we were working on this report, I was struck by the power of the stories of Mariam (Page 3) and Justin (Page 14). Their stories get to the core of Wayside's work. They speak more powerfully than any statistics about the impact that we are making *together*. Their discussion of community building and access to healthy food for their families captures why we do what we do.

Their words illustrate the impact of our programming and shows the central role that food plays in our lives, feeding both physical and social needs.

With this in mind, consider the images that the following questions spark: What are your favorite memories of food? Do you remember sharing fam-

ily recipes with loved ones? Harvesting ingredients from a backyard garden? Favorite holiday traditions? Celebrating milestones with family and friends?

Clearly, our memories of food are just as much about the food eaten as they are about the deep connections that the food enabled. For, as Mariam and Justin point out, community and sharing food go hand in hand.

Food gives us the opportunity to connect within our families and neighborhoods. More than that, food helps us transcend our differences in order to celebrate and nourish each other.

The connections Wayside is making transcends “just” providing healthy food. Whether helping seniors maintain social connections, immigrants develop job opportunities, or recovering addicts find strength in helping others, our goal is to impact multiple layers of our community.

We thank our supporters for working side by side to help us meet this goal. We look forward to continuing our work, and we look forward to sharing and being part of more Wayside stories.

Sincerely,
Mary Zwolinski
Wayside Executive Director

Wayside impact: Mariam's story

Mariam talks about the challenge of being an immigrant in Portland and the impact of Wayside on her life.

How did you come to choose to live in Portland?

I came to America from Djibouti in 2014 with my four children. I flew to Boston, where a friend helped me to get the bus to Canada where I have distant family members. But the officials did not allow me to stay in Canada. They said only my children could stay, and I needed to return to America. Because I wanted to keep our family together we all took the bus to Portland. My friend in Boston had told me this would be a good place for us to start a life. After five weeks in the family shelter we got an apartment.

What has your experience been like in Portland?

The most difficult thing about living here is learning the language. In the beginning it was very difficult to ask questions about anything. Neither my children nor I could speak any English. Once, when one of my children got sick, we didn't know where the hospital was, and even though the caseworker had given me a map I couldn't read it. So we walked around and around trying to find the hospital. Even asking people didn't help.

Fortunately the children are learning English quickly. They don't like having to have an interpreter so they study very hard. I am studying also and am in level 4 at adult education. If you don't speak English in America the life is difficult, and you can't do anything. It is my goal to learn English very well.

What has Wayside meant to you?

My neighbor introduced me to Wayside. I came with her my first time to the Salvation Army senior lunch. I had a good feeling because all the people were nice to me, and we were helping the seniors. It was my first time since coming to America that I could help other people. I wanted to continue. My conscience is good now because I'm doing something helpful.

Volunteering at the Wayside meals gives me an opportunity to practice my English and meet new people. I can eat a meal, take food home for my children, and get extra help sometimes with food for the week. I have met people who can help me in other ways, like providing transportation and helping me to get items that my family needs. I am being connected to other resources in the community and Wayside and the Salvation Army are providing me with references in my job search.

I like to serve and to help the seniors because in my country older people have a place of importance and it is an honor for us to help them. When I help them I know I am doing a good thing.

What work do you do as a volunteer?

I now volunteer at two Wayside meals every week. I help to prepare the salads and other parts of the meal. I make sure everything is ready and organized for serving the meal, and then clean up the kitchen afterward. I think my role is important because I am here every week so I know where everything goes in the kitchen, and I know how the meal runs so I can help other volunteers who are not here so often. It is important for me that things are right. I take this role seriously, as though it is a job.

Why do you think Wayside is important?

Wayside helps provide food for people, which is important because I know there are many people who are hungry. People get vouchers, but it's not enough. For example, I get \$200 for five people each month for food and non-food items. It's not enough, so I go to the pantry for fruit and vegetables, and that helps a little, but it's hard because my house is far and the bags are heavy for me. When people come to a Community Meal they leave with a full stomach and that is a good thing.



"It was my first time since coming to America that I could help other people. I wanted to continue. My conscience is good now because I'm doing something helpful."

Mariam, a Wayside volunteer whose story appears at left

Our Mission

To increase access to food for those in need in Southern Maine by providing a system for community-based volunteers who serve prepared meals where such meals are needed and by collaborating with other hunger agencies in developing an efficient network for the collection and equitable distribution of food. Wayside shall be guided in this mission by a deep compassion for our common humanity.

Our Vision

All people should have access to the food they need.

Contact Us

Wayside Food Programs
PO Box 1278
Portland, Maine 04104

Location:

135 Walton St., Portland, Maine

Phone: (207) 775-4939

www.waysidemaine.org
mzwolinski@waysidemaine.org

Wayside Food Programs is a 501(c)3 non profit organization.

“We are truly a community,
and I very much appreciate all
Wayside and the volunteers do
to make it so.”

Community Meals guest

Volunteers: At Wayside's core

Wayside is able to do its work because of its dedicated team of volunteers. More than 1,000 volunteers contributed more than 14,000 hours of service to Wayside Food Programs in 2015. Wayside's volunteers come from diverse backgrounds and work across all aspects of our programming. Volunteers are at the core of our programs, providing the time, energy, hard work and compassion that make our work possible.

Adding Up: Volunteer Contributions

Warehouse

239 total volunteers
205 new volunteers
1,963 hours of service
Weekly average: 16 volunteers
serving 37 hours

Meals

382 volunteers
85 new volunteers
9,145 hours of service
Weekly average: 71 volunteers
serving 175 hours

Kitchen

239 total volunteers
196 new volunteers
2,354 hours of service
Weekly average: 19 volunteers
serving 46 hours

Thanksgiving

85 volunteers
210 hours of service

Totals

1,018 volunteers
13,898 hours of service
258 average of hours per week
Equivalent to 6.45 full time employees

Food Drives

73 volunteers
226 hours of service

Thank you

Our volunteers contribute in so many ways. The one job they all had in common is contributing to their community and enabling Wayside to fight hunger. Our staff, our board and, most importantly, our community thanks them for all that they do.

To get involved

To learn about volunteering at Wayside:

Visit: www.waysidemaine.org

Email:
cmilkowski@waysidemaine.org

Call: (207) 775-4939



Finding a home for surplus harvest

Wayside works in partnership with community growers to increase access to nutritious food and to help growers find homes for surplus harvest. In 2015 community growers donated more than 30,000 lbs of locally grown produce to our community through Wayside. Donations included apples, summer squash, cucumbers, tomatoes, leafy greens, herbs, and much more.

Wayside receives drop-off donations and also goes to farms and picks up surplus produce. In some cases, Wayside works with the Cooperative Extension and helps to coordinate volunteers for gleaning projects.

In addition, Wayside partners with farmers selling produce at Portland's Wednesday Farmers Market. After the market closes each week, Wayside receives donations from many farmers who don't want to bring their food back to their farms. It's a mutually beneficial relationship.

Wayside thanks all of its harvest contributors.

2015 Harvest Contributors

Artful Cranberries
Congregation Bet Ha'am
Cultivating Community
Susan Eastman
Emery Waterhouse
Falmouth Lions Club
Gemstone Tattoo
Greiger Orchards
Hansel's Orchard
Paul Holland
Carol Karlson
Don Kluber
Idexx Laboratories
Jordans Farm
Locker Project Community Garden
Maine Hunters for the Hungry

Maxwell's Farm
Pastor Chuck Orchard
Pine Root Farm
Portland Farmers' Market
Greg Rodgers
Marion Shewman
Smiling Hill Farm
Kiya Smith
Paula Spencer
Kristine Sullivan
Terison Orchard
Tidewater Garden
USDA (Kennebec County Restorative
Community Harvest)
Wayside Community Garden
Tom Woodruff



"I'm an elderly gentleman who lives alone and coming to the meals helps a lot for me. And I enjoy everyone's company."

Community Meals guest

To Contribute a Harvest

For details about supporting Wayside through a harvest, contact Don Morrison at dmorrison@waysidemaine.org (207) 712-4929

“There is so much need around Maine in many forms, it feels good to take time out of a busy day to help out and give back in various ways. I’m proud to say I volunteer at Wayside.”

Community Meals volunteer

Our work: Meals, Mobile Pantries, Local Sourcing

Community Meals

Program: Provides free, nutritious meals in welcoming environments through partnership with local churches, schools and community centers.

In 2015: The program hosted one monthly and 13 weekly meals at 11 locations. 29,000 meals were served.



2015 Highlights

- Wayside begins planning to increase access to healthy food for children.
- A tilt skillet, purchased through a grant from Good Shepherd Food Bank, makes meal prep much more efficient.
- A new Community Meals van was added.
- Five years of Community Meals was celebrated.
- The Maine Track Club held the Maine Running Company Turkey Trot 5-K, benefitting Wayside. More than 1,800 lbs. of food was donated to Wayside at the event. In addition \$5,924 was contributed to Wayside.
- More than 250 meals were served at the annual Thanksgiving meal.
- A successful outreach campaign for harvest donations increased access to healthy, local food.
- Warehouse lighting was replaced by brighter lights that are more energy efficient. The lighting was upgraded because the old lighting was outdated and consumed a lot of electricity.
- A successful outreach campaign for harvest donations increased access to healthy, local food.
- Flatbread Pizza contributed 250 pizzas for Monday Night Kids Meals.



Mobile Food Pantry Program:

In partnership with Portland Housing Authority, Portland Community Policing, and the South Portland West End Neighborhood Association deliveries of groceries are made to 575 community members each month. **In 2015:** More than 1,750 different community members received enough groceries to make more than 80,000 meals.

Local Sourcing: Works with community growers to distribute locally grown food. **In 2015:** Wayside worked with area farms, backyard gardeners, the Cooperative Extension’s Harvest for Hunger program, and Hunters for the Hungry to redistribute 30,260 lbs. of donated local food.



Food Rescue, Distribution, Kid Snacks

Food Rescue: Provides food, free of charge, to 43 partner agencies & programs across Cumberland County.

In 2015: Wayside distributed 557,340 lbs. of donated and salvaged food.



“I am honored to volunteer with Wayside not only because of their great staff and programs, but because of their innovation and leadership.”

Wayside volunteer

To Learn More

Visit www.waysidemaine.com for a complete list of locations and schedules for **Community Meals** and **Mobile Food Pantries**.



Distributing Agency:

Cumberland County's distributing agency of the Department of Agriculture's The Emergency Food Assistance Program (TEFAP) & Commodity Supplemental Food Program. **In 2015:** Wayside distributed 432,460 lbs. of government food.

Kids' Healthy Snacks:

Provides snacks to Portland's Community Policing Centers, LearningWorks, My Place Teen Center, and The Parkside Neighborhood Center (Opportunity Alliance).

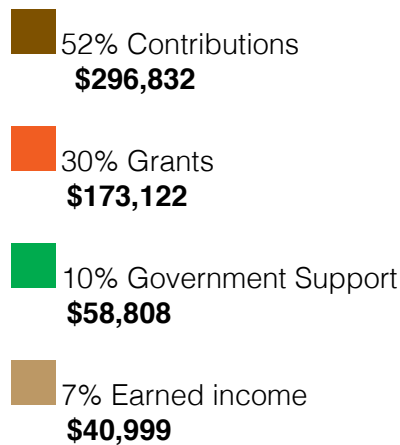
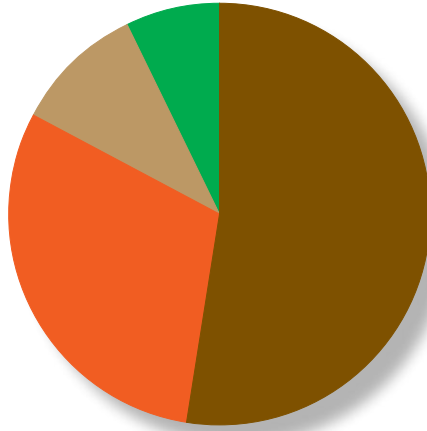


“I volunteer at Wayside because it’s an organization that serves one of the most important human needs – keeping people fed.”

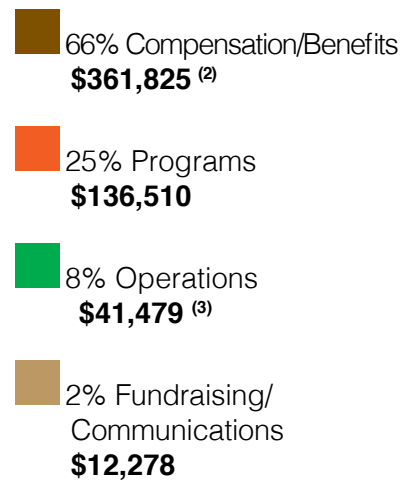
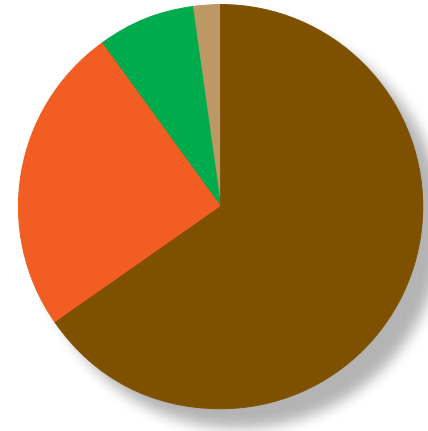
Wayside volunteer

2015 Finances

Income:
\$569,761 ⁽¹⁾



Expenses:
\$552,092

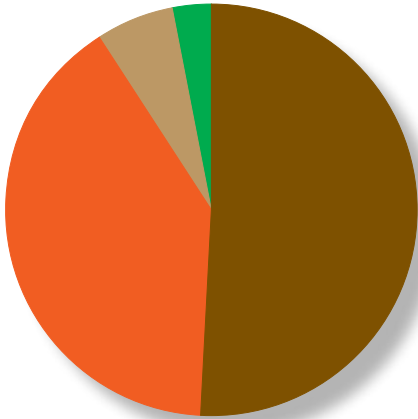


Notes:

- 1: The \$17,669 positive differential between income and expenses was allocated to a board-managed operating expense fund.
- 2: Includes payroll, benefits, FICA, etc., for five full time and three part time employees.
- 3: Rent, fuel, insurance, utilities, vehicle maintenance, etc.

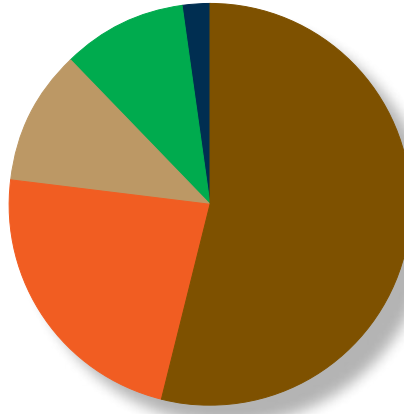
Food sourcing and distribution

**Total food received:
1,087,248 lbs.**



- 51% Salvaged food (1)
557,338 lbs.
- 40% Government food programs
432,457 lbs.
- 6% Food drives
64,450 lbs.
- 3% Local produce and meat
30,261 lbs. (2)
- <1% Purchased food
1,742 lbs.

**Total food distributed:
1,040,098 lbs.**



- 54% Food pantries
564,912 lbs.
- 23% Meal programs & soup kitchens
235,011 lbs.
- 11% Commodity Supplemental Food Program for Seniors
110,622 lbs.
- 10% Wayside's Mobile Food Pantries & Community Meals
101,246 lbs.
- 2% Unusable food to local farms for animal feed.
26,000 lbs.
- <1% Wayside's Kids Healthy Snacks Program
2,307 lbs.

“There is so much need around Maine in many forms. It feels good to take time out of a busy day to help out and give back in various ways.”

Wayside volunteer

Notes:

1: Wayside works with a wide range of local businesses and organizations to “salvage” and “rescue” food that might otherwise be wasted.

“Only after I had felt confident in my ability to provide for my daughter’s nutritional needs could I turn my attention to things with delayed payoffs, like college education.”

Justin, a Wayside volunteer whose story appears on Page 14

Challenges

The latest statistics from the United States Department of Agriculture illustrate the depth of Maine’s hunger problem:

- 15.1 percent of Maine households are food insecure, which means about 200,000 people have limited or uncertain access to adequate food.
- Nearly one in every four Maine children are food insecure.
- Maine is first in New England for child and senior food insecurity.

Food waste

“40 percent of the food produced in the United States gets thrown out while nearly 50 million Americans can’t reliably access enough food to meet their nutritional needs. The waste represents \$162 billion of lost money annually – translating to about \$1,560 for a family of four.”

– U.S. Rep. Chelli Pingree, author of the Food Recovery Act (HR 4184)

Wayside’s Community Partners

Wayside is one of many organizations fighting hunger in Maine. In 2015 we partnered with more than 90 organizations. These partnerships took a number of forms: host sites for community meals, soup kitchens, pantries, schools, community groups, area businesses and more. We thank the following organizations for partnering with us in the fight against local hunger:

Acadia Insurance
Altrusa Foundation
Amistad, Inc.
Beast Feast Maine
BJ’s Wholesale Club
Boys & Girls Clubs of Southern Maine:
Riverton Park Clubhouse
Boys & Girls Clubs of Southern Maine:
Sagamore Village Clubhouse
Bridgton Food Pantry
Burundian Community Association
Camp Cedar
Casco Alliance Church
Casco Village Church
Catherine’s Cupboard
Cheverus High School
Christ the Redeemer Church
City of Portland CDBG
Congregation Bet Ha’am
CrossWalk Community Outreach
Cultivating Community Food Warriors
Cultivating Community Youth Growers
Cumberland Community Food Pantry
Cumberland County Food Security Council
Cumberland County Government
Cumberland County Jail Work Release
Deering Center Community Church
Division for the Blind & Visually Impaired
East End Community School
Falmouth Food Pantry
First Baptist Church Food Pantry
First Congregational Church of South Portland
First Parish Unitarian Universalist Church
Franklin Towers
Freeport Community Services
Friendship House
Front Street Food Pantry
Garbage to Garden
Gray Community Food Pantry
Harbor Terrace
Harrison Food Pantry
Healthy Maine Partnerships
Hope Acts
HopeGateWay
IDEXX Laboratories
Jewish Community Alliance
Judy’s Pantry
LearningWorks
Locker Project
Maine Medical Cancer Institute
Mid Coast Hunger Prevention
Milestone Foundation Inc.
My Place Teen Center
New England Life Care
North Pownal Food Pantry
Our Lady of Hope Parish
Parkside Neighborhood Center (Opportunity Alliance)
Plymouth House Sober Living-The Walton House
Portland Community Policing Centers
Portland Housing Authority
Portland Recreation Department
Preble Street Resource Center
Project Feed
Project For Supported Living
Raymond Food Pantry
Red Bank Bread Bank
Reiche Community School
Riverton Park
Root Cellar
Sacred Heart Food Pantry
Sagamore Village
Salvation Army Food Pantry
Salvation Army of Greater Portland
Scarborough Food Pantry
Sebago Warming Hut
SNAP Ed
South Portland Food Cupboard
South Portland/West End Neighborhood
Southern Maine Agency on Aging (SMAA)
St. Luke’s Food Pantry
St. Peter’s Episcopal Church
St. Vincent de Paul Soup Kitchen
TD Bank
Trinity Lutheran Church
United Way of Greater Portland
University of Maine Cooperative Extension
Unum
Vineyard Food Pantry
Waynflete School
Westbrook Food Pantry
White Memorial Food Pantry
Williston-Immanuel United Church
Windham Food Pantry
Woodfords Congregational Church, U.C.C.
Work Opportunities Unlimited
Yarmouth Food Pantry

Food drives: Hands-on help

In 2015, 65,450 lbs. of food was donated to Wayside through food drives. These drives were conducted by a wide range of entities: corporate, faith-based, individuals, and businesses. The drives are an important source of the food that we distribute and use in our Community Meals. We thank the following people and groups for their food drive efforts in 2015:

Academy for Active Learners
Altrusa Foundation
Amica Insurance
Anamark at Unum
Anthem
Baker Newman & Noyes
Bangor Savings Bank
Bath Savings Bank
Beach to Beacon
Ben Treem
Birchwoods at Canco
BJ'S
Bob Slaktowicz
Clark Insurance
Eastpointe Christian Church
Euclid Avenue Neighborhood
F.O. Bailey Real Estate
Falmouth Pediatric Dentistry
Hannaford
Holy Trinity Greek Orthodox church
Horizon Solutions
Idexx Laboratories
Liberty Mutual
Litl' Squirts

MacDonald Family
Maine Nephrology Associates
Maine Real Estate Network
Maine Track Club Turkey Trot
Park Danforth
Pineland Farms
Portland Arts and Technology High School
Race to Runway
Rheumatology Associates
Riverton Elementary School
Shaw's
St. Peter's Episcopal Church
St. Bridgid School
TD Bank
University of New England
United Way of Greater Portland
University of Southern Maine
Walton House
Waynflete School
Westbrook Food Pantry
Westin
Whole Foods Market
Woodfords Congregational Church

"A lot of hard work goes into food drives. These efforts go a long way toward replenishing our shelves. A hearty thanks to everyone involved."

Don Morrison,
Wayside Operations Manager

To Start a Food Drive

Contact Don Morrison at
dmorrison@waysidemaine.org
(207) 712-4929.



“Community Meals has been a life saver. I have found hard times and the meals not only feed me with nutritious food but also my heart.”

Community Meals guest

To Donate

Please mail donations to Wayside Food Programs, P.O. Box 1278, Portland, Maine, 04104 or contribute via PayPal or credit card at www.waysidemaine.org.

2015 donors

The generous support from the following people, organizations and businesses makes our work possible. We thank them for their continued support. We have tried to acknowledge all support received in 2015. If there are any omissions or errors, please let us know by calling (207) 775-4939.

Adams, Patricia
Adams, Susanna
Adler, Susan
Akers, Richard
Albert, Helene
Alden, Kenneth & Cynthia
Alden, Theresa
Allen, Jill
Allen, Joanna
Allen, Jonathan & Joanne
Allen, Stephen & Deborah
Alsdurf, Chuck & Abby
Altman, Andrew & Christine
American Housing Preservation Corp
Amica Companies Foundation
Anania, Raymond & Madeline
Anderson, Julie
Anderson, Richard
Anderson, Robert Jr.
anonymous
Applebaum, Brett
Armstrong, Therese
Arsenault, Steve & Ann
Asanza, Vincent
Atwood, Hayden & Anne
Ayers, Mark & Cynthia
Ayotte, Robert & Linda
Bailey, Edna
Barnard, Danuta
Baronas, Anthony & Paula
Barr, Kathleen
Barr, Steven
Barry, Patricia
Barter, Stephen & Janice
Baumann, Michael & Laura Schwindt
Beane Family Fund
Beaudoin-Morell Fund
Becker, Michael & Rena
Beem, Edgar & Carolyn
Belunis, Thomas
Bemis Foundation
Bencks, Robert & Anne
Bennett, Christine MD

Bennett, John
Bennett, Ronald & Constance
Bennett, William
Benoit, Timothy & Susan
Bergson, David
Bernard, John
Berry, George
Berube, Judde
Black, William & Marcy
Blanchard, Roy
Bob's Clam Hut
Bonauto, Mary & Jennifer Wriggins
Bonebakker, Victoria
Bordowitz, Elizabeth
Borelli, Judith
Boucher, Nancy
Bowie, James
Brackett, Nathan & Helen
Brennan, Leonard & Susan
Brennan, Richard & Beverly
Bresler, Sharon
Briard, Arlene
Brichetto, John & Rosemarie
Broaddus/Jensen Charitable Fund
Broadwater, Victoria
Brobst, Richard & Priscilla
Brock, Mary
Brooks, Richard & Kimberly
Brown, Dan
Brown, Robert & Elisabeth
Brownell, Leona
Bryan, Robert
Bryer, Liberty
Buck, Jacquelyn
Burby, Margaret
Burch, Christa
Burnell, David
Burnette, Mary Jane
Bushey, April
Butzel, Jessica
Buxton Community Cupboard
Byrne, Christopher & Noreen
Campbell, Lori
Capasso, John & Barbara

Capelluti, Joseph & Vanessa
Carey, Katharine
Caron, Kellie
Caron, Maurice & Claire
Carroll, Daniel & Madeline
Casco Bay Culinary Assoc
Casco Village Church
Catsos, Paul & Patricia
Cederlund, Gregg
Chadbourne, Peter
Chadderton, Brian & Ann
Chandler, Anita
Chandler, Carol
Chandler, John
Chapin, Gary & Alice
Chapman, Stephen & Jeri
Chern, Lawrence & Nanette
Church, Lauren
Cierpich, Cecelia
Gilley, Dean & Susan
Cindy and Jim O'Rourke Charitable Fund
Cinelli, Peter & Gail
City of Portland
Clark Memorial United Methodist Church
Clark, Dorothy
Cleghorn, Pamela
Clement Bros. Lawn & Landscape
Cobb, Mary
Coggins, Laurine
Cole, Kathy
Collett, Bonnie
Compton, Sarah
Concannon, Tim & Jen
Constant, Sandra
Cooper, Paul & Linda
Copley, Ernest & HelenMarie
Cote, Elizabeth Marie
Cournoyer, Paul & Kymberley
Craft, Richard & Anne
Craig, Albert & Judith
Cremo, Lillian
Crossroads Coffee Beans

Participating agency



Support



Crosswalk Community Outreach	Eunice Frye Home Foundation	Grand, Celia	Jensen, Louise
Crowley, Thomas	Ewing, Suzanne	Grant, David	Jewett, Kenneth & Kathleen
Culver, Stephen & Holly	Ezzio, James	Gray Community Food Pantry	John T. Gorman Foundation
Cumberland County	Fairchild Semiconductor	Gray, Stephen & Elizabeth	Johnson, Karen
Government	Falender, Elaine & Gordon	Grazewski, David	Johnson, William & Christine
Cumberland County Master	Gayer	Greenwood, Peter & Tracy	Jones, Christian & Joan
Gardener Association	Farr, Donald & Marcia	Griffin, Louise	Jordan, Mark
Cummings, Daniel	Farrand, Bonnie	Gronidin, William	Journey Church
Cupps, James	Faulkner, Katherine	Grove, Mary	Joyce, M. Patrick & Janet
Curran, Albert & Carol	Female Samaritan Association	Grover, Alana	Judd, Rebecca
Curran, Robert & Jana	Field, Patricia	Grover, Mark	Junkins, Paula
Curran, Stephen & Grace	Fincke, Anna & Bryan Wentzell	Gruber, Thomas & Margery	Kahn, Richard
Curry, Peter & Anne	Fine, Jean	Gulliver, John & Jean	Kane, Jeffrey
Cutts, Ernest & Mona	First Lutheran Church, Portland	Gurcan, Kendra Anne	Karlsen, Carol
Dalton, Anne	First Parish Congregational	Gustavson, Robert & Cynthia	Kaufman Psychological Services
Davis, Betsy	Church UCC, Yarmouth	Hagge, Cyrus	Kaufmann, Shayna
Davis, Robert	Fisher, Helen Boni	Hair Fashions by Tom	Keegan, Michelle
Dean, Gary & Teresa	Flatbread Company	Hallowell, Milton & Marguerite	Keiser, C. Edward
Deering Chapter 59 OES	Flocatoulas, Costas & Lisa	Hamblin, Edward & Rebecca	Kellett, Bud & Wendy
DeLois, Rebecca	Fontaine, Lisa	Hamil, Tracy	Kelso, Ray
Demers, Glenda	Fontaine, Lisa	Hamilton, Bruce	Kemna, Frank & Linda
DerHagopian, Zareh	Forside Community Church	Hamilton, Shawn	Kessler, Carol
Deschambeault, Ted & Alice	Forsyth, Julie	Hannan, Philip & Laurel	King, Colleen
Desimone, Joseph & Dawn	Fortin, Marc	Hansen, Bente	King, James & Beth Anne
Devlin, John & Diane	Foster, Edward & Amy	Hardie, Louise	Kingsbury, Brigitte
DiBiase, Francis & Rachel	Foster, Teresa	Harmon Foundation	Kittaka, Jonathan
Dils, Mark	Foye, Warren & Katherine	Harmon, Dawn	Klein, Katherine
Dinsmore, Roger & Gloria	Fraser, Elizabeth	Hartwell, John & Karen	Knight, Sally
Diversified Communications	Freedman, Jodi	Rohrbacher	Knoll, Scott
Do, Esia	Friedman, Karen	Haskell, Jessie	Knoll, Scott & Melissa
Donahue, Eleanor	Gallant, Alfred Jr.	Haskell, Owen	Kris-Way Truck Leasing
Dong Yim, Josephine	Gallant, C. Edwin & Gloria	Hastings, Beverly	Kruppa, Muriel
Doree Taylor Charitable	Gallar, Peter & Mary	Hawkes, Peter & Elizabeth	LaBrecque, Scott & Clare
Foundation, Bank of	Galloway Fine, Jean	Hawkes, Ronald & Katherine	Lachman, Denis
America, N.A., Trustee	Garfield, Cynthia	Haynes, Carl & Pamela	LaFond, Peter and Michelle
Dornbach, Christophe	Garmey, Terrence & Madeleine	Heddesheimer, Paul	Lander, Alice
Dorrance, Scott	Gatsinzi, Patrick	Heinrich, Julieann	LaPointe, John & Debra
Doucette, Dale & Priscilla	Gaudreau, Lawrence & Paulette	Heiser, Lesley	Lapping, Mark
Douglas, Donnelly	Gauvin, Raymond	Helen and George Ladd	Larsen, Andrea
Douglas, John & Eileen	Gauvin, Ronald & Katherine	Charitable Corporation	Laskey, Lisa
Downey, Mary Lou	GE Foundation	Hemminger, Helen	LaValley, Francine
Doyle, Margaret	Gelinas, Sylvia	Herrick, John & Vilma	Lavigne, Lisa
Dransfield, Douglas & Gail	Geller, Jay	Hickey, Gertrude	Leary, Erika
Driscoll, Jean	Gibbons, Robert & Kathleen	Hill, Barbara	Leeman, Cheryl
Drouin, Marc	Gibson, Frances	Hillman, Thomas	Leeming, John & Pamela Trudo
Dufresne, Ruth	Gibson, Marshall & Ruth-Anne	Hinck, Jon	LeFebvre, Alphee & Judith
Dulik, Mary	Gifford, Karl & Emily Graham	Hirsch, Susan & Howard Reben	LeFebvre, Patricia
Duncanson, Carol	Ginley, Barbara	Hoch, David & Yvette Khoury	LeGage, Mary
Dunham, Morris & Mary Anne	Ginn, Gregg	Holmes, Ken	Leland, Dawn
Dunlap, Judith	Glessner, Allison	Holmstrom, Jeffrey & Elizabeth	Lemieux, Robert & Elizabeth
Dunn, Richard Martin	Goddard, Nancy	Holy Trinity Greek Orthodox	Lemos, Gary
Duperry, Margaret	Goldberg, Eleanor	Church	Lenehan, Daniel
Dwyer, Jodie	Goldman, Constance	Hopkins, Bruce & Marion	Leonardo's Pizza
Ebrahim, Kurt & Maria	Goldsmith, Susan	Horton, Scott & Leslie Richfield	Leskanic, Sharon
Elder, Greg & Laura	Golec, Charles & Anne	Howard, John	Lesniak, John & Patricia
Eldridge, Lois	Good Shepherd Food Bank	Hunt, H. Draper & Elaine	Libby, Scott & Tracy
Eleanor Goldberg Giving Fund	Goodspeed, Gregory & Nancy	Hutchins, Ruth	Lila East End Yoga
Elkins, James & Kathryn	Goodwin, David & Mary	Hutchinson, Harold	Lilley, Mark & Rebecca
Ellsworth, Barbara	Goodwin, Lynne	Inhorn, Roger	Limington Orthodox
Emery Waterhouse employees	Gordon, Roberta	Jacobs, Linda	Presbyterian Church
Emmaus Lutheran Church	Gorham High School	Jakab, Mary Jo	Lindholm, Valerie
Epstein, Michael & Jill	Gorham Savings Bank	James and Joan Staffaroni Fund	Lindsay, Peter & Katie Murphy
Erickson, John & Jeryl	Graham Holdings Matching	Janosik, Michael & Michelle	Lions Club of Cape Elizabeth
Ertz, David & Carol	Gifts Program	Jebediah Foundation	Litcher, Andrew & Sandra

Wayside impact: Justin's story

Justin Fenty talks about the impact of Wayside on his life. Justin, 37, graduated this spring from USM. He majored in business administration with a concentration in risk management.

How did you get involved with Wayside?

In the spring of 2012, I was newly sober from drug and alcohol addiction. I was living in a sober house on Horton Place just trying to maintain sobriety. Part of the requirements for living at my sober house was to work or volunteer 20 hours per week. I was having a real hard time maintaining a job, but I had to do something.

Another member of the house had volunteered at the Wayside Community Meals site at HopeGateWay Church on High Street and brought me along to volunteer.

What work have you done as a volunteer?

I started making a regular commitment to volunteer on Tuesdays and Thursdays. I started bringing other men in recovery there to volunteer, and soon we became a reliable group who set up, served, and cleaned up after the meals.

What has volunteering meant to you?

Through that service I started to feel connected to my community, and my feeling of self-worth blossomed. My sobriety strengthened, and I enrolled in school, which I have continued to this day and will be graduating from USM this spring. The volunteer opportunities that Wayside afforded me directly impacted my ability to re-connect with my community.



How else has Wayside impacted you?

The community connection I gained through Wayside is only half of the story. As a low-income parent of a young child I also have struggled with food insecurity. Without the comfort that food security brings I was unable to focus on the larger picture. Only after I had felt confident in my ability to provide for my daughter's nutritional needs could I turn my attention to things with delayed payoffs, like college education. Wayside's commitment to serve as a conduit between farmers and those in need has enabled me to provide fresh produce for my daughter.

Little Family Trust
Lloyd, Kenneth & Martha
Lockwood, Bruce
Loring, John & Donna
Louden, Robert & Tama
Lovejoy, Russell & Linda
Lualdi, John & Katharine
Luce, Michael & Christine
Lynch, James & Judith
Lyons, Craig
Lyons, John & Janet
MacArthur, KC & Susanne
MacDonald, June
Maceda, Annalisa
Mack, Susan
MacLeod, Marilyn
MacMath, Robert & Mary Anne
Maescher, Mary
Maier, James & Elizabeth
Maier, Lydia & Merritt
Heminway
Maine Community Foundation
Malone, Lawrence
Mancall, Andrew & Denise
Mangiavas, A. Louise
Margaret E. Burnham Charitable
Trust

Marks, Julian
Marshall, Paul & Patricia
Martin, Beverly
Martin, John
Mastroluca, Gina
Matheson-Thomas, May
Mawhinney, Nancy
Max & Victoria Dreyfus
Foundation
Maxwell, Raina & David
Mayone, Mark & Kimberly
McAllister, David & Dorthy
McArdle, John & Meredith
McCall, John & Andrea
McCarthy, Kevin
McCloskey, Susan
McCormack, John & Barbara
McCormick, Jan
McGettigan, John & Justina
McGillicuddy, Elaine
McGinn, Cornelius & Suzanne
McGirr, Althea
McGonagle, William & Kathleen
McGuire, Robert & Muriel
McKelvy, Dina & Nicholas
Meagher, James & Deborah
Meehan, Glenn & Doris

Meiners, Nancy
Merchant, Pamela
Mervis, Cindy
Messer, Teresa
Meyers, George II
Midura, June
Miles, Franklin & Nancy
Miley Foundation
Miller, Jacques
Millett, Rebecca
Mitchell, Clarence & Eleanor
Mixon, John & Linda
Moksha Center
Moll, Judith
Monahan, Pegg
Moore, Andrew
Moore, David & Joanna
Moore, Jeanette
Morrison, Jen
Mortimer, Robert & Christina
Mottla, Leroy & Mary
Moustrouphis, Angela
Mugar, Ellen
Multer, Elinor
Munro Edgecomb, Shawn
Murphy Lindsay Charitable
Fund

Murphy, Jean
Murphy, Stanley & Janet
Murray Family Foundation
Murray, Robert III
Muscat, Paul & Sarah
Nadeau, Hector & Kathy
Nappi, Michelle
Nappi, Rose
Nash, Nathaniel
Newell, Christine
Newell, Claudia
Nickerson, Adelbert & Diane
Nickerson, Arnold & Lois
Nonesuch Books & Cards
Nonesuch Charitable Trust
Nonni, Robert & Elizabeth
Nugent, William & Rita
Nuki, Guy & Micheline
Oakhill Grange #104
Oatley, Elizabeth
Oberg, Kerry & Gwenne
O'Donnell, Owen & Susan
Oehrtmann, Deirdre
O'Leary, Richard
Olson, Tonda
Opperman, John & Julianne
Orchard Hill Farm

Osborn, John & Hero
 Osgood, Alonzo
 Ouillette, Sandra
 Our Lady of Hope Parish
 Palmer, Christine
 Palmer, John & Denise
 Pantim Wood Products
 Pape Management Company
 Paris, Frances
 Parker, John & Patricia
 Patin, Donald
 Paul, Mary
 Pears, Ralph
 Pease, Annalee
 Peck, Elizabeth
 Pedlikin, Howard & Cynthia
 Peisner, Barbara
 Pelletier, Samuel
 Pelsue, Stephen
 Pennell, Christopher
 Penrose, Carolyn
 People's United Community
 Foundation
 Perkins, Kenneth & Kathryn
 Perley, Delene
 Picard, David & Jean
 Picuch, Alan & Jane
 Pierce, Patricia
 Pike, Randolph & Katharine
 Pizzo, James & Mary Polito
 Plendl, Horst & Christine
 Polisner, Camilla
 Pooler, Jeffrey
 Portland Arts & Technology
 High School
 Portland Boxing Club
 Portland Provident Association
 Portland/St. Alban
 Commandery #2
 Potter, Charles & Carolyn
 Powell, George
 Pratt, David & Elisabeth
 Price, Richard & Paul Loven
 Prides Corner Congregational
 Church
 Prinn, Charles & Frances
 Purdy, Eileen
 Putnam, Steve
 Quaid, Donald
 Quinlan, Darryl & Susan
 Ramsdell, Lindsay
 Raymond Food Pantry
 Redmond Family Foundation
 Reed, Barbara
 Reed, Susan
 Reeder, Susan
 Register, Cathy
 Renaissance Charitable
 Foundation
 Renaud, Michael & Rita
 Rennie, Elizabeth
 Reppenhagen, Marlies
 Reynolds, John
 Richards Olney, Catherine
 Richards, William
 Richio, Deb
 Richman, Michael
 Rielly, Edward & Jeanne
 Roak, Catherine
 Robbins, Dana
 Robert G. & Jane V. Engel
 Foundation, Inc.
 Roberts, Christopher & Merriam
 Robichaud, Mary-Jane
 Robinson, Edward & Jacquelyn
 Robinson, John
 Robnett, Regula
 Rogers, Paul
 Rogoff, Linda
 Rohrbacher, Karen
 Rollins, Timothy
 Roma, Wayne & Jean
 Romano, John
 Rosebrook, Lisa
 Rousseau, D.E.
 Roussel, Richard & Kelly
 Roy, Richard
 Rubin, Peter & Donna
 Runyon, Alexander & Elaine
 Rusinek, Kenneth & Karen
 Russell, Linda
 Salvatore, Lindsay
 Sanborn, Patricia
 Sarkozy, Stephen
 Scarborough Free Baptist
 Church
 Schaper, MaryEllen
 Schatz, Robert & Roberta
 Scherma, Jan & Ann
 Schilling, Karen
 Schirmer, William & Julie
 Scott, Brian & Kathleen
 Scott, Peter & Larisa Semenuk
 Seacoast Sales
 Seacoast Sports
 Seaside Chicks
 Semrau, Lita
 Serrage, John & Elizabeth
 Shapazian, H. Patricia
 Shapiro, Stephen & Peggy
 Sheils, Jeanette
 Sherman, David & Beverly
 Sherman, David Jr & Martha
 Burchenal
 Sherwood, Jessie
 Shoemaker, Margaret
 Shumway, Bryan & Jennifer
 Simmons Foundation
 Sirois, Steven & Michelle
 Skinner, Linda
 Slavick, Bill & Ursula
 Smith Family Charitable Trust
 Smith, David
 Smith, Gordon
 Smith, Gregory & Anita
 Smith, Thomas & Constance
 Soucie, Julie
 Souza, Andrew
 Spencer, Paula
 Spirer, Kenneth & Joan Leitzer
 St. Ann's Episcopal Church
 St. Bartholomew's Parish
 St. John & Holy Cross Parish
 St. Maximilian Kolbe Parish
 Stearns, Brian & Patricia
 Steinkeler, Sidney & Susan
 Stephen & Tabitha King
 Foundation
 Steppacher, Brian
 Stevens, Terri & Christopher
 Stewart, Foster & MK
 Stewart, Robert & Joanne
 Stirling, Craig
 Stockman, Nan & Charles
 Stone, Melvin
 Stowell, Glenwood & Ann
 Strandberg, Karen
 Streeter, Sabin & Beverley
 Sullivan, Charles
 Sullivan, Peter & Judith
 Summers, Thomas & Lydia
 Superior Cleaning Services
 Suslovic, Edward
 Swanson, John & Mary Jane
 Swennes, Patricia
 Swift, Douglas
 Tangney, Gina
 Teague, Shawn & Donna
 Terry & Mandy Garmey Fund
 Tetreau, Thomas & Maryellen
 Thaxton, Charles
 Thomas Hillman Design
 Thomas, Susan
 Thompson & Bowie
 Thompson, Heather
 Thompson, Philip Jr.
 Thompson, Sylvia
 Thomson, Sarah
 Thornton, Kathleen
 Thumm, Margaret
 Thurston, Elizabeth
 Tiernan, Carroll
 Tietje, Suzanne
 Tiwari, Sarita
 Tonelli, Sonia
 Town & Country Federal Credit
 Union
 Town of Cape Elizabeth
 Town of Cumberland
 Trinity Lutheran Church
 Tripler, R.H. & E.
 Troster, Sara Kahn
 Trouvalis, C.G. & Anna
 Trufant, Lynne
 Tuggey, Caryl
 Turner, Ronald & Judith
 Tyrrell, James & Laura
 Ubans, Juris & Mara
 Umbel, Linda
 United Way of Greater Portland
 Universal Calibrations
 University of New England
 Unum Group
 Vandermast, Joanne
 Vaniotis, Christopher &
 Jacqueline
 Varipatis, Demosthenes &
 Angela
 Vaughn, Michael & Diane
 Viljanen, Jacqueline
 Vineyard Church of Greater
 Portland
 W.R. Berkley Corporation
 Charitable Found
 Waecker, Thomas & M. Ann
 Walker, Michael & Catherine
 Wallace, Brian & Mary Anne
 Walmart Foundation
 Ware, Roland & Norma
 Warner, S Lee
 Warren, Joseph
 Wasserman, James & Patricia
 Watson, Katharine
 Waynflete School
 Webber, Peter & Marcia
 Weber, Patricia
 Webster, Priscilla
 Weed, Peter
 Welch Charitable Fund
 Welch, James & Kellie
 Wellehan, Jane
 Wentworth, Ralph
 Wescustogo Foundation
 West, Sharman
 Westbrook Food & Resource
 Center
 Weston, Emily
 Whitney, Doreen
 Wild, Karyn
 William J.J. Gordon Family
 Found
 Williams, Walter & Theresa
 Williston-Immanuel United
 Church
 Windham Assembly of God
 Ministries
 Wolcott, Brian
 Wood, Richard
 Woodfords Congregational
 Church
 Woodman, Roger Jr.
 Woodruff, Thomas
 Woods, Chris
 Woods, Paul & Chris Anne
 Yarmouth American Legion
 Post #91
 Zelten, Donald & Joan
 Zerrien, Vonnie Lee
 Zimmerman, Janet
 Zwolinski, Mary



The Wayside Staff. Back from left, Noah Perwin, Judy Anaman, Carly Milkowski, Mary Zwolinski. Front from left: Don Morrison, Nick DeSouza, Laura Hamilton, Julie Harrison.

Our staff

Mary Zwolinski, Executive Director
mzwolinski@waysidemaine.org

Judy Anaman, Administrative Assistant
janaman@waysidemaine.org

Nick DeSouza, Warehouse Manager
ndesouza@waysidemaine.org

Laura Hamilton, Development Assistant
& Metrics Coordinator
lhamilton@waysidemaine.org

Julie Harrison, Community
Meals Manager
jharrison@waysidemaine.org

Carly Milkowski, Resource Coordinator
cmilkowski@waysidemaine.org

Don Morrison, Operations Manager
dmorrison@waysidemaine.org

Noah Perwin, Warehouse Assistant
nperwin@waysidemaine.org

To let us know how we are doing: Email: feedback@waysidemaine.org

To help: Visit: www.waysidemaine.org **Email:** mzwolinski@waysidemaine.org **Call:** (207) 775-4939